

WFDF Anti-Doping Program & Test Distribution (TDP) Plan 2020

as of 15 December 2019

WFDF has finalised the preparations for the Anti-Doping Program Plan 2020. The Test Distribution Plan (TDP) is based on the risk assessment conducted by the Medical & Anti-Doping Committee according to the WADA code and approved by them, taking into account the requirements of the WADA Technical Document for Sport Specific Analysis (TDSSA).

As part of WADA compliance, we must establish a Testing Pool for Out-Of-Competition Testing (OOCT) and also a Test Distribution Plan (TDP).

This results in the following TDP:

2020 Testing Program and Test Distribution Plan (TDP)

The following parameters are MANDATORY for WFDF effective 1 January 2020:

- 1.) WFDF to conduct target Out-of-Competition testing (OOCT) and target In-Competition testing (ICT) as before including 2 tests (obligatory analysed on EPO and on HGH - Human Growth Hormone use) to be done in a period away from competitions to assure that tests are unpredictable. This principle results from the Technical Document for Sport Specific Analysis (TDSSA) that 5% of the Testing Pool tests must be on EPO/HGH - which is 1 for us for each gender (out of 9 athletes) for 2019. This means that WFDF MUST do these 2 tests as blood tests, whilst all the others remain Urine, as HGH only may be detected by blood testing.
- 2.) Total number of tests in the TDP is: 12 OOCT and 3 ICT, plus the 2 as mentioned under 1.).
- 3.) These 9 athletes in the TP give whereabouts as before.
- 4.) The Testing Pool (TP) for Ultimate is established as per WADA guidance and our WADA Technical Document for Sport Specific Analysis (TDSSA). This includes the top 6 countries from the WFDF World Ultimate Rankings, i.e. 1) USA - 1 male, 1 female 2) CAN - 1 male, 1 female 3) GBR - 1 male, 1 female 4) GER - 1 male 5) JPN - 1 male 6) AUS - 1 male.
- 5.) The Testing Pool (TP) for Freestyle is recommended based on WADA guidance, our WADA Technical Document for Sport Specific Analysis (TDSSA), and the recommendation for sports participating in the World Urban Games in 2021. The quota will be decided at a later stage.
- 6.) WFDF to continue education - with all athletes attending continental events doing the online Anti-Doping education tool as decided by WFDF. Coaches and athletes support personnel are included to the obligation.
- 7.) WFDF to contribute to the Technical Document (TDSSA) by sending information on sport details.
- 8.) WFDF to attend WADA Anti-Doping symposium 2020.

submitted by Volker Bernardi, WFDF Executive Director